Your School Lunch

Let's Eat • TOGETHER •

WEEK ONE

Week Commencing: 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 8th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Herby Tomato Pasta *(VG)*	**Cajun Beef & Bean Tortilla** *(EF)*	**Diced Pork** *(GF, EF, DF)*	**Sticky BBQ Chicken with Rice** *(DF, EF, GF)*	**Fish Fingers** *(DF, EF)*
Margherita Pizza (Cheese & Tomato) *(V, EF)*	**Cajun Vegetable & Bean Tortilla** *(V, EF)*	**Vegan Sausages** *(VG, GF)*	**Mac 'n' Cheese** *(V, EF)*	**Vegan Sausage Roll** *(VG, EF)*
Rainbow Rice Salad *(VG)*	**Jacket Potato with Cheese** *(V, GF, EF)* **or Baked Beans** *(VG, GF)*	**Wholemeal Tuna & Cucumber Sandwich** *(EF, DF)*	**Jacket Potato with Cheese** *(V, GF, EF)* **or Baked Beans** *(VG, GF)*	**Cheddar Cheese, Tomato & Onion Pasta Salad** *(DF, EF)*
Peas & Baked Beans	Mixed Salad & Sweetcorn	Roast Potatoes or New Potatoes Cabbage & Carrots	Broccoli & Vegetable Medley	Chips or Pasta, Peas & Sweetcorn
Ginger Biscuit *(V, EF, DF)*	Oat Cookie *(VG, DF)*	Chewy Vanilla Cookie *(V, EF)*	Flapjack (V, DF, EF) with Raisins	Strawberry Ice Cream *(V, GF, EF)* with Pineapple

WEEK TWO

Week Commencing: 9th Nov, 30th Nov, 4th Jan, 25th Jan, 22nd Feb, 15th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mild Mexican Chilli Loaded Hash Browns *(VG, GF)*	**Sausage Plait** *(DF)*	**Mince in Gravy** *(GF, EF)*	**Beef Meatballs in Tomato Sauce** *(GF, DF, EF)*	**Chicken Nuggets** *(DF, EF)*
Margherita Pizza (Cheese & Tomato) *(V, EF)*	**Crispy Vegan Dippers** *(VG)*	**Vegan Mince in Gravy** *(VG, EF, GF)*	**Vegan Meatballs in Tomato Sauce** *(VG, GF)*	**Veggie Samosas** *(VG)*
Wholemeal Cheese Sandwich *(V, DF)*	**Jacket Potato with Cheese** *(V, GF, EF)* **or Baked Beans** *(VG, GF)*	**Wholemeal Cheese & Tomato Sandwich** *(V, EF)*	**Jacket Potato with Cheese** *(V, GF, EF)* **or Baked Beans** *(VG, GF)*	**Breaded Salmon Wrap with Mayo & Lettuce** *(EF, DF)*
Sweetcorn & Baked Beans	Oven Baked Potato Wedges *(V, GF, DF, EF)*	Mashed Potatoes or New Potatoes Cauliflower & Vegetable Medley	Pasta, Sweetcorn & Carrots	French Fries or Pasta, Baked Beans or Peas
Vanilla Oat Traybake *(V)*	Peas & Carrots	Crunchy Cornflake Cookie *(V, DF, EF)*	Cinnamon Swirls *(VG, DF)*	Shortbread *(V, EF, GF)* with an Orange Wedge
	Strawberry Jelly *(V, GF, DF, EF)*			

WEEK THREE

Week Commencing: 16th Nov, 7th Dec, 11th Jan, 1st Feb, 1st March, 22nd March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spinach & Potato Curry with Rice *(VG)*	**Pork Sausages with Gravy** *(DF, EF)*	**Roast Chicken Breast** *(GF, DF, EF)*	**Beef Bolognaise & Twisty Pasta** *(DF, EF)*	**Flipper Dippers** *(DF, EF)*
Margherita Pizza (Cheese & Tomato) *(EF, V)*	**Vegan Sausages with Gravy** *(VG, GF)*	**Vegan Sausages** *(VG, GF)*	**Vegan Bolognaise & Twisty Pasta** *(VG)*	**Pizza Pinwheel** *(V, EF)*
Cheese & Cucumber Wrap *(V, EF)*	**Jacket Potato with Cheese** (V, GF, EF) or **Baked Beans** *(VG, GF)*	**Tuna & Sweetcorn Pasta Salad** *(DF, EF)*	**Jacket Potato with Cheese** *(V, GF, EF)* or **Baked Beans** *(VG, GF)*	**Wholemeal Tuna Mayo & Lettuce Sandwich** *(V, DF)*
Peas & Baked Beans	New Potatoes, Cabbage & Carrots	Roast Potatoes or New Potatoes with Gravy Cauliflower & Green Beans	Carrots & Peas	Chips or Pasta, Sweetcorn or Baked Beans
Melting Moment *(V, EF, DF)*	Sultana & Syrup Cookie *(V, EF)*	Lemon Oat Cookie *(V, EF, DF)*	Chocolate Crispy Cake *(DF, VG)*	Vanilla Ice Cream *(V, GF, EF)* with Mandarins

Available daily – Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients.
If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability.
We only select fish from sustainable sources. Suitable for vegetarians or vegetarian option available. Our fish and chicken dishes may contain bones.

KEY:
V VEGETARIAN
VG VEGAN
EF EGG FREE
DF DAIRY FREE
GF GLUTEN FREE

OXFORDSHIRE COUNTY COUNCIL